

# ROSEMOUNT COMMUNITY CENTRE ASSOCIATION

Programme: 6th January-  
28th March 2025  
12 week term

For enrolment please email  
rosemountcca@gmail.com or pop in to the  
centre and pick up a registration form.  
More class details are on the website  
<https://www.rcca.info>  
phone number 07443657741



## Tutor Led Classes

			STANDARD / CONCESSION*
<b>Monday</b>	Art Group 1	10:00 - 13:00	£180/ £126
	Sewing Projects	18:00 - 20:30	£150/£105
	Dance Fitness	18:00 - 19:00	£72/£50
	Young Peoples Sewing	18:00 - 20:00	£84
	Contemporary Dance	19:15 - 20:45	£108/£76
	Tai Chi	19:30 - 21:00	£108/£75
<b>Tuesday</b>	Tai Chi	10:00 - 11:00	£72/£50
	Kids Fitness Fun	16:00 - 17:30	£63
	Sewing Beginners	18:00 - 20:30	£150/£105
	Spanish 2 -Level A1+	18:00 - 19:30	£90/£63
	Spanish 1 -Level A1	19:30 - 21:00	£90/£63
	Yoga	19:00 - 20:00	£60/£42
	Evening Art Group	19:00 - 21:00	£120/£84
Spanish 4 Level B1	19:00 - 20.30	£90/£63	
<b>Wednesday</b>	Art Group 2	10:00 - 13:00	£180/£126
	Pilates 1	17:30 - 18:30	£72/£50
	Pilates 2	18:30 - 19:30	£72/£50
	Kids Art Activities	17:30 - 19:00	£63
	Kids Art Projects	19:00 - 20:30	£63
	Spanish 3 Level A2	19:00 - 20:30	£90/£63
<b>Thursday</b>	Pilates 3	10:30 - 11:30	£72/£50
	Stretch and Recover	17:30 - 18:30	£72/£50
	Spanish 5 Level B2	18:30- 20:00	£90/£63
	Yoga (long session)	18:45 - 20:15	£90/£63
<b>Friday</b>	Art Group 3	09:30 - 12:00	£150/£105

\*Concessionary rate applies to students, those aged 60+, and those in receipt of benefits

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Our self supporting groups, where you are welcome to come and join in with others with the same interests. You will find more detailed information about each group on our website. **All sessions cost £2.00**

<b>Monday</b>	Crafting 1	18:00 - 21:00	Starts 13th Jan	
	Creative Writing	19:30 - 21:00		
<b>Tuesday</b>	Stitchers 1	10:00 - 13:00	www.learig.org.uk	
	Chapel Chimers	10:30 - 12:00		
	Learig Orchestra	19:30 - 21:30		
<b>Wednesday</b>	Knit & Natter (Fortnightly)	10:00 - 12:00	Last week of the month	
	Crochet and Company	10:00 - 12:00		
	Table Tennis	09:30 - 11:00		time change
	Book Group	19:30 - 21:00		
<b>Thursday</b>	Forget me Not... Life Partner Loss Group	10:00 - 12:00		
	Rackets and Bats	13:00 - 16:00		
	Stitchers 2	18:00 - 21:00		
	Crafting 2	18:00 - 21:00		

**Forget me Not... Life Partner Loss Group** A new group which will be developed by those attending to create a safe and supportive space for all. No matter how recent or distant a loss is all are welcome, grief has no time limit.

**Rackets and Bats** - A group of enthusiastic badminton and table tennis players who use the time, space and activity to support each other and their own physical and mental health. They are happy to welcome new members and opponents!

**Creative Writing** the only group that has a tutor Bob who gives his time and enthusiasm to lead this group to expand their skills and perhaps try something new.

**Craft Groups** we have various groups that have a love of a variety of craft activities and enjoy meeting with like-minded people to share their knowledge and enthusiasm, all are welcome to bring the project they are working on from patchwork to painting by numbers, taking joy in creating is the most important thing.

**Chapel Chimers** are a group of 'senior' ladies who meet to make music using hand chimes. No musical ability is required but the ability to count to 3,4 or sometimes 6 and being able to keep time is useful!

**Table Tennis** The group is being run for us by the Aberdeen & District Table Tennis Association and a coach will be on hand to provide support and guidance.

**Learig Orchestra** Our friendly community orchestra's repertoire is generally classical and new players are welcomed in almost all sections see <https://www.learig.org.uk> for more information.